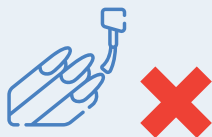


Hand hygiene - first step in patient safety

Objective: to minimise the spread of multidrug-resistant microflora and the number of healthcare-associated infections in the hospital.

Consequences: infections caused by multidrug-resistant microflora are very difficult or even impossible to treat, and these infections are associated with higher treatment costs and increased patient mortality.

CLEAN HANDS in the hospital mean:



No artificial or polished nails



No rings



No bracelets or watches



Short sleeves (covering no more than the upper two-thirds of the forearms)

HAND DISINFECTION with an alcohol-based disinfectant during direct patient care:



Before contact with patient or the patient zone, including any devices/equipment/bed, etc. **within 1-metre radius of the patient**



After contact with patient or the patient zone, including any devices/equipment/bed, etc. **within 1-metre radius of the patient**



Before and after using gloves (a separate pair of gloves for each patient)



*After contact with a patient with a gastrointestinal infection, hands must be washed with soap and water.